



Holy Family Halewood

Year 5 and 6 – Personal Development
Theme: Health and Wellbeing
Topic: Keeping Safe



Learning Objectives

- To differentiate between positive risk taking and dangerous behaviour and to identify occasions where they can take responsibility for their own safety.
- To learn how to deal with common injuries using basic first aid techniques and how to respond in an emergency (999).
- To know that there are laws relating to drugs common to everyday life as some drugs are legal (helpful/harmful) and some drugs are illegal.
- To explore reasons why people choose to use or not use harmful drugs, including nicotine, e-cigarettes/vaping, alcohol and medicines as well as illegal drugs and the risks and effects of different drugs.
- To know that there are organisations where people can get help and support concerning drug use.

Who can help me?

A trusted adult at home or at school.

Childline

www.childline.org.uk

0800 1111

If it is a real first aid emergency, call **999** and ask for the appropriate service.

Key Vocabulary

- Emergency
- Danger
- Risk
- Dare
- Peer pressure
- Hazard
- E-Safety
- Social media
- Privacy
- Fire Service
- Police Service
- Ambulance Service



Key Questions

What is the difference between a positive risk and dangerous behaviour?

Is it safe to post an image online?

What would you do in an emergency?

What would you do if you were worried about something you posted online?



In an Emergency:

999