



Sports Newsletter

*'With Christ at the centre, we live, love and learn together, reaching out to all.
Only our best is good enough'*



Welcome to our first sports newsletter!

We've had so much happening already in the autumn term that it's a real challenge squeezing it all into one edition! New sports, fresh competitions, and most importantly, so many enthusiastic children getting involved across the whole school – it's been a fantastic start to the year. Let's take a look at what's been going on at Holy Family this term...

Fantastic Football

Football has got off to a brilliant start this term! Our Year 6 pupils have been competing in the Halewood League, playing with real determination, teamwork and growing confidence. They've shown great resilience in every match, and we wish them the very best of luck as they head into their final round.

We were also delighted to see our Year 3 team representing Holy Family at the EFC Tournament at Finch Farm. They played superbly throughout the competition, showing impressive control, quick passing and excellent sportsmanship. Their hard work paid off as they secured a fantastic second place in a very tough final.

Across all teams, the level of talent has been clear to see. A special well done to some of the girls taking part in competitive football for the first time—their enthusiasm, determination and developing skills have been brilliant.



Super ScootFit Fun

All classes had a fantastic time taking part in ScootFit this term! The children loved scooting around the yard, getting active, and even enjoying a fun Sing-Sing along the way. Everyone threw themselves into the activities with energy and smiles all around—what a brilliant way to stay fit and have fun!



Cross Country Champions

Our cross-country runners took on a tough and challenging course this term, showing incredible stamina, determination and perseverance from start to finish. Every pupil pushed themselves brilliantly, tackling steep climbs, muddy paths and fast finishes with real determination.

Rugby Champions

A fantastic team of Year 5 and Year 6 pupils attended at a rugby tournament, winning all of their games! The children showed brilliant teamwork, strength and determination throughout. They also had an amazing time working with the coaches from St Helens Rugby Club, who praised their effort and enthusiasm.



Brilliant Basketball

Our basketball team showed fantastic skill and determination in their recent tournament, finishing a respectable 3rd place. The children displayed excellent teamwork, sharp passing and great sportsmanship throughout, making Holy Family proud with their effort and commitment on the court!

Dynamic Dodgeball

This term marked our very first dodgeball competition, and our team rose to the challenge brilliantly! Showing quick reactions, great teamwork and plenty of enthusiasm, they finished an impressive 4th in their group. A fantastic debut performance. Well done to our dodgeball stars!



After School Clubs

Our after-school clubs have been buzzing with activity this term! So many children have taken part in different sports and fitness activities, enjoying the chance to try new skills, make friends, and stay active.

Children have been involved in. **Cross-Country**

- Netball
- Football
- Multi-Sports
- Dodgeball
- Basketball
- Dance
- Gaelic Football

It's been fantastic to see so many children joining in, showing great enthusiasm, and developing their **skills** outside of the regular school day. A big thank you to all the staff running these clubs and helping make them so much fun!

Awesome Athletics

Taking 18 children out of school for indoor athletics felt like organising a small expedition, but it was well worth the effort! As the final sporting event of the autumn term, the children gave it their all, showing fantastic energy, determination and teamwork across every event. From sprinting to jumping and throwing, everyone represented the school brilliantly and supported one another throughout the morning. A great way to finish the term on a high!

Congratulations to Our Sports Leaders

A big well done to our newly appointed Sports Leaders! They have been helping with equipment, keeping things organised, and supporting lessons across the school.

We're excited to see them take on even more opportunities in upcoming sporting events and activities - watch this space!

PE and Sports in Lessons

Our PE lessons have been full of energy this term, with all year groups developing new skills and enjoying a wide range of activities:

- **Early Years:** Developing fundamental movement skills such as running, jumping, balancing, and coordination.
- **Year 1 & 2:** Orienteering, fitness, gymnastics, and netball – building teamwork, agility, and control.
- **Year 3 & 4:** Outdoor adventurous activities, fitness, gymnastics, and football – challenging themselves with new skills and teamwork.
- **Year 5 & 6:** Outdoor adventurous activities, fitness, gymnastics, and basketball – focusing on coordination, strategy, and competitive play.

It's been fantastic to see every child engaged, improving, and enjoying PE, whatever their age or ability!

