



Holy Family



Year 1 and 2 – Personal Development

Theme: Relationships

Topic: Respecting Ourselves and Others and Safe Relationships

Learning Objectives

- To recognise kind and unkind behaviour and how this can make us feel.
- To understand why we have rules e.g. school rules, class rules, etc
- To recognise the difference between secrets and surprises and not keeping secrets that make us uncomfortable.
- To understand what it means to keep something private, including parts of our body that are private.
- To identify different types of touch and how they make us feel (e.g. hugs, tickling, kisses and punches) and who to tell if being touched makes us feel uncomfortable or unsafe.

PRIVATES ARE PRIVATE
ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU
NO MEANS NO
TALK ABOUT SECRETS
THAT UPSET YOU
SPEAK UP, SOMEONE
CAN HELP

Who can help me?

A trusted adult at home or at school.

This might be a teacher or an adult you live with at home such as a parent.

Childline
www.childline.org.uk
0800 1111

Think:

How does being kind make you and others feel?



Holy Family School Rules

- 1) Play safe, work hard and have fun
- 2) Respect everything and everyone around you
- 3) Treat others as you would like to be treated

