



Holy Family Catholic Primary School

Computing, Music & PE Autumn 1A Overview

Lower Key Stage 2 – Years 3 and 4			
Computing	Music	PE	
My Online Life (Digital Literacy)	Body and Tuned Percussion (Theme: Rainforests)	Outdoor/Adventurous	Fitness
What is your online identity? How can you build positive online relationships and be a good digital citizen? How can I create a positive online reputation? What is online bullying and what can I do about it? Do you really know how to use the internet? Can technology impact on your health? How secure are you with your online information and accounts? Who owns the information on the internet?	To identify structure and texture in music. To use body percussion. To create musical rhythms using body percussion. To create simple tunes. To build and improve a composition.	Use running, jumping, throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Take part in outdoor and adventurous activity challenges both individually and within a team.	Develop lower and upper body strength and fitness. Work well both independently and in small groups. Understand what aerobic exercise is. Develop speed and aerobic endurance. Improve balance and body coordination when moving in combination. Demonstrate correct techniques of core strength fitness exercises.