

# Sign of the Cross

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In the name of the Father,  
And of the Son,  
And of the Holy Spirit

Amen

# Holy Family Prayer

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Jesus, Mary and Joseph,

Bless my family at school,

Bless my family at home,

Bless all the families around the world,

As we live, love and learn together, reaching out to all

Amen

# The Lords Prayer

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Our Father who art in heaven,  
hallowed be thy name.

Thy kingdom come.

Thy will be done on earth, as it is in heaven.

Give us this day our daily bread, and forgive us our trespasses,  
as we forgive those who trespass against us,  
and lead us not into temptation,  
but deliver us from evil.



# The Hail Mary

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Hail, Mary, full of grace,  
the Lord is with thee.

Blessed art thou among women  
and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
Pray for us sinners,  
Now and at the hour of our death.

Amen

# Morning Offering

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Thank you, God, for giving us this day;

Help us to be like Jesus in all we think, do, and say

Be my guide, to be the best person I can be;

To live, love and learn, reaching out to all around me

Amen.

# Grace Before Meals

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Dear God,

Bless the food we eat today.

Bless the hands that made the food.

And bless all those who are hungry.

Amen.



# Grace After Meals

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Thank you God for the food we have eaten,  
The adults who took care of us,  
And the friends we played with.

Amen

# Evening Prayer

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Now the day is over, we lift our hands to say,  
Thank you heavenly Father for today.  
I'm sorry for the wrong things,  
but glad about the right.  
Keep me heavenly Father, in your love tonight.

Amen



# Glory Be to the Father

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Glory be to the Father  
and to the Son  
and to the Holy Spirit,  
as it was in the beginning  
is now, and ever shall be  
world without end.  
Amen.

# Apostles Creed

The Apostles' Creed

I believe in God,

the Father almighty

Creator of heaven and earth,

and in Jesus Christ, his only Son, our Lord,

*At the words that follow, up to and including the Virgin Mary, all bow.*

who was conceived by the Holy Spirit,

born of the Virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried;

he descended into hell;

on the third day he rose again from the dead;

he ascended into heaven,

and is seated at the right hand of God the Father almighty;

from there he will come to judge the living and the dead.

# Apostles Creed (continued)

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I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and life everlasting.

Amen.



# Act of Contrition

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Act of Contrition

O my God,

because you are so good,

I am very sorry that I have sinned against you,

and with the help of your grace

I will not sin again.

# Eternal Rest

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Eternal rest grant unto them, O Lord,  
and let perpetual light shine upon them.  
May they rest in peace.

Amen.

# Angel Of God

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Angel of God,  
my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.

Amen



# Come Holy Spirit

This prayer is a compilation of a number of liturgical texts drawn from the Mass and Office of Pentecost and the Votive Mass of the Holy Spirit.

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V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit, did instruct the hearts of your faithful,  
Grant that by that same Holy Spirit, we may be truly wise, and ever rejoice in your consolation,  
Through Christ our Lord.  
Amen.

# Prayer of St Richard of Chichester

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O most merciful Redeemer, friend and brother,  
may I know you more clearly,  
love you more dearly,  
and follow you more nearly, day by day.  
Amen