



Holy Family Catholic Primary School

Computing, Music & PE Autumn 1A Overview

Upper Key Stage 2 – Years 5 and 6

Computing	Music	PE	
You Tuber (Digital Literacy)	Instruments	Outdoor/Adventurous activities	Fitness
<p>What is YouTube?</p> <p>What is it like being a YouTuber?</p> <p>How can YouTubers handle online bullying?</p> <p>Why is it important to always check your information before publishing online?</p> <p>How do YouTubers create engaging content?</p> <p>How can we enhance our videos with music and sound effects?</p>	<p>Flute</p> <p>Play long notes with a steady sound</p> <p>Tongue the notes</p> <p>Play three notes</p>	<p>Understand the term team work and give examples of what it looks like</p> <p>Learn from mistakes and discuss as a team how to improve</p> <p>Display effective teamwork in small game situations</p> <p>Decide what approach to use to meet the challenge set</p> <p>Improve their performance by changing or adapting their approaches as needed</p>	<p>Develop lower body strength and fitness</p> <p>Link actions and combine movements</p> <p>Take responsibility for your own warm up, knowing the importance of warming up properly before exercise</p> <p>Develop speed and aerobic endurance.</p> <p>Continue to develop upper body strength, lower body strength, core and fitness</p>