

Theme: Lent/Easter

(Christian Living)

Topic: **Self-Discipline**



Holy Family Halewood
Year 3 and 4 Religious Education



Questions on Meaning and Purpose

- How can I be self-disciplined in the choices I make?
- How will self-discipline help me to grow and to reach my full potential?

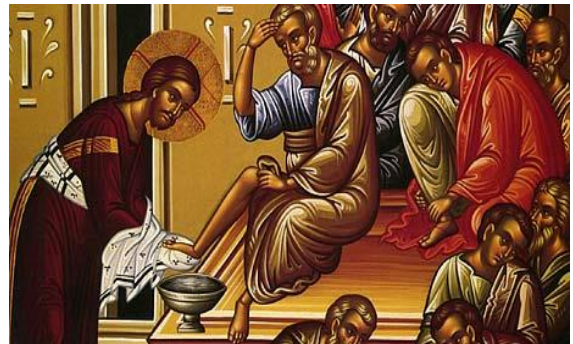
Key Vocabulary:

- self-discipline
- effort
- potential
- penance
- contrition
- Lent
- Easter
- Resurrection
- Fasting
- alms giving

What I will focus on in this topic:

- The self-discipline needed to achieve goals
- Lent is an opportunity to grow spiritually
- How we should live during Lent, using self-discipline
- How we should live in God's way
- What happens on Holy Thursday during Holy Week; the Washing of the Feet
- What happens on Good Friday during Holy Week and the story of the Crucifixion
- The Resurrection; the Empty Tomb (Easter Sunday)

The
Washing
of the
Feet



Scripture:

New Testament:

- Matthew 6:2-4 GS3 page 85 *'How to Give'*
- Luke 6: 27-28, 32-36 *Living in God's Way 'Love your enemies; do good to those who hate you'*

THE PASSION AND RESURRECTION OF JESUS:

- John 13: 4-9, 12-15 GS3 page 115; *Washing of the Feet*
- Mark 15: 23-41 GS3 page 122; *The Crucifixion*
- Mark 16: 2-8 GS3 page 125; *The Resurrection*

Good
Friday



The
Empty
Tomb

