



Holy Family Halewood

Year 1 and 2 – Personal Development
Theme: Relationships

Topic: Respecting Ourselves and Others and Safe Relationships



Learning Objectives

- To recognise kind and unkind behaviour in school and outside of school
- How kind and unkind behaviour can make people feel
- About class rules, being polite to others, showing courtesy, sharing and taking turns
- To know what it means to show respect to people in authority
- About situations when someone's body or feelings might be hurt and whom to go to for help
- About what it means to keep something private, including parts of the body that are private
- To identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches)
- How to respond if being touched makes them feel uncomfortable or unsafe
- When it is important to ask for permission to touch others
- How to ask for and give/not give permission
- Difference between secrets and surprises and not keeping secrets that make us uncomfortable

PRIVATES ARE PRIVATE
ALWAYS REMEMBER YOUR
BODY BELONGS TO YOU
NO MEANS NO
TALK ABOUT SECRETS
THAT UPSET YOU
SPEAK UP, SOMEONE
CAN HELP

Who can help me?

A trusted adult at home or at school.

This might be a teacher or an adult you live with at home such as a parent.

Childline
www.childline.org.uk
0800 1111

Think:

How does being kind make you and others feel?



Holy Family School Rules

- 1) Play safe, work hard and have fun
- 2) Respect everything and everyone around you
- 3) Treat others as you would like to be treated

