



## Holy Family Halewood

Year 1 and 2 – Personal Development  
Theme: Relationships

Topic: Respecting Ourselves and Others and Safe Relationships



### Learning Objectives

- To recognise kind and unkind behaviour in school and outside of school
- How kind and unkind behaviour can make people feel
- About class rules, being polite to others, showing courtesy, sharing and taking turns
- To know what it means to show respect to people in authority
- About situations when someone's body or feelings might be hurt and whom to go to for help
- About what it means to keep something private, including parts of the body that are private
- To identify different types of touch and how they make people feel (e.g. hugs, tickling, kisses and punches)
- How to respond if being touched makes them feel uncomfortable or unsafe
- When it is important to ask for permission to touch others
- How to ask for and give/not give permission
- Difference between secrets and surprises and not keeping secrets that make us uncomfortable

**P**RIVATES ARE PRIVATE  
**A**LWAYS REMEMBER YOUR  
BODY BELONGS TO YOU  
**N**O MEANS NO  
**T**ALK ABOUT SECRETS  
THAT UPSET YOU  
**S**PEAK UP, SOMEONE  
CAN HELP

### Who can help me?

A trusted adult at home or at school.

This might be a teacher or an adult you live with at home such as a parent.

Childline  
[www.childline.org.uk](http://www.childline.org.uk)  
0800 1111

### Think:

How does being kind make you and others feel?



### Holy Family School Rules

- 1) Play safe, work hard and have fun
- 2) Respect everything and everyone around you
- 3) Treat others as you would like to be treated

