

## Holy Family Primary School – PE Long Term Plan



## Cycle A

PE		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
	EYFS Rec	Me and Myself	Movement and Development	Working with others	Dance	Fun and games	Throwing and catching inc Sports Day
	Key Stage	Orienteering	Gymnastics	Fundamental – Ball skills	Fundamental - Net/Wall	Athletics	Striking and Fielding
	1	Fitness	Dance	Football	Tennis		Rounders
	Year 1 & 2			Netball	Badminton		Cricket
Cycle		Outdoor/		Invasion Games	Net/Wall		Striking and Fielding
A	Lower Key Stage 2	Adventurous	Gymnastics	Handball	Tennis	Athletics	Rounders
	Year 3 & 4	Fitness	Dance	Football	Badminton		Cricket
				Invasion Games	Net/Wall		Striking and
	Upper Key Stage 2	Outdoor/ Adventurous	Gymnastics	Basketball	Tennis		Fielding
	Year 5 & 6					Athletics	Rounders
		Fitness	Dance	Dodgeball	Badminton		Cricket



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## <u>Cycle B</u>

PE		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
Cycle B	EYFS Rec	Me and Myself	Movement and Development	Working with others	Dance	Fun and games	Throwing and catching inc Sports Day
	Key Stage 1 Year 1 & 2	Orienteering Fitness	Gymnastics Dance	<i>Fundamental – Ball skills</i> Basketball Dodgeball	Fundamental - Net/Wall Tennis Badminton	Athletics	Striking and Fielding Rounders Cricket
	Lower Key Stage 2 Year 3 & 4	Outdoor/ Adventurous Fitness	Gymnastics Dance	Invasion Games Tag Rugby Basketball	<i>Net/Wall</i> Tennis Badminton	Athletics	<i>Striking and Fielding</i> Rounders Cricket
	Upper Key Stage 2 Year 5 & 6	Outdoor/ Adventurous Fitness	Gymnastics Dance	Invasion Games Football Netball	<i>Net/Wall</i> Tennis Badminton	Athletics	Striking and Fielding Rounders Cricket