



Holy Family Halewood

Year 5 and 6 – Personal Development
Theme: Health and Wellbeing
Topic: Keeping Safe



Learning Objectives

- strategies for dealing with requests for personal information or images of themselves
- to identify types of images that are appropriate to share with others and those which might not be appropriate
- that images or text can be quickly shared with others, even when only sent to one person, and what the impact of this might be
- what to do if they take, share or come across an image which may upset, hurt or embarrass them or others
- to identify when situations are becoming risky, unsafe or an emergency
- to identify occasions where they can help take responsibility for their own safety
- to differentiate between positive risk taking and dangerous behaviour
- how to deal with common injuries using basic first aid techniques
- how to respond in an emergency, including when and how to contact different emergency services

Who can help me?

A trusted adult at home or at school.

Childline
www.childline.org.uk
0800 1111

If it is a real first aid emergency, call **999** and ask for the appropriate service.

Key Vocabulary

- Emergency
- Danger
- Risk
- Dare
- Peer pressure
- Hazard
- E-Safety
- Social media
- Privacy
- Fire Service
- Police Service
- Ambulance Service



Key Questions

What is the difference between a positive risk and dangerous behaviour?

Is it safe to post an image online?

What would you do in an emergency?

What would you do if you were worried about something you posted online?

