



Holy Family Catholic Primary School – PE Topic Overviews



EYFS – Reception

Me and Myself	Movement and Development	Working with others	Dance	Fun and games	Throwing and catching inc Sports Day
Reception					
<p>To change into PE kit</p> <p>To listen and respond to instructions</p> <p>To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping</p> <p>To change direction when moving</p> <p>To participate in games</p> <p>To keep play going by responding to what others are saying or doing.</p> <p>To experiment with different ways of jumping</p>	<p>To move and balance in different ways</p> <p>To travel with confidence and skill around, under, over and through balancing and climbing equipment</p> <p>To show understanding of the need for safety when tackling new challenges, and considers and manages some risks.</p> <p>To move freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping.</p> <p>To negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.</p> <p>To travel with confidence an skill around, under, over and through balancing and climbing equipment.</p>	<p>To play games with others</p> <p>To share and be kind to each other</p> <p>To negotiate space successfully when playing racing and chasing games with other children, adjusting speed or changing direction to avoid obstacles.</p> <p>To take turns playing different roles and using different equipment</p> <p>To play games in pairs and groups</p> <p>To keep play going by responding to what others are saying or doing</p>	<p>To move in different ways</p> <p>To copy actions from a teacher</p> <p>To perform impressions/movements in time with music</p> <p>To copy and mirror actions from a partner</p> <p>To create own actions and movements</p>	<p>To move in lots of different ways</p> <p>To run skilfully and negotiate spaces successfully, adjusting speed or direction to avoid obstacles</p> <p>To show understanding of the need for safety when tackling new challenges, and considers and manages some risks.</p> <p>To play games with others</p> <p>To use equipment in games</p> <p>To show increasing control over an object, pushing, patting, throwing, catching or kicking it</p> <p>To keep score</p> <p>Moves freely and with pleasure and confidence in a range of ways, such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding and hopping</p> <p>To observe the effect of activity on the body</p>	<p>To move around without a ball</p> <p>To show increasing control over an object, pushing, patting, throwing, catching, or kicking it</p> <p>To move with a ball</p> <p>To move freely and with pleasure and confidence in a range of ways such as slithering, shuffling, rolling, crawling, walking, running, jumping, skipping, sliding, and hopping</p> <p>To explore different body parts to move a ball</p> <p>To explore how a ball moves</p> <p>To play command games</p>