Learning Objectives

- the ways in which people can access the internet e.g. phones, tablets, computers

- to recognise the purpose and value of the internet in everyday life

- to recognise that some content on the internet is factual and some is for entertainment e.g. news, games, videos

- that information online might not always be true

- limiting time spent on screens as this will contribute to more positive mental and physical wellbeing

- that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.

- where and how to report concerns and get support with issues online

Key Vocabulary

Internet
Factual
Entertainment
device
limit
abuse
trolling
bullying
mental health
support

Who can help

A trusted adult at home or at school

This could be a teacher, parent or carer.

Childline
www.childline.org.uk
0800 1111

Questions to think about

What do we use the internet for?

Is everything we read or see on the internet true?

What are the best things about the internet?

What are the potential negative things about the internet?

Who can help me if I have a problem on the internet?