



Holy Family Catholic Primary School – Personal Development

(Relationships Education, Relationships and Sex Education (RSE) and Health Education)

Cycle A

		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
EYFS Personal, Social, Emotional Development		Making Friends Understanding routines	Decision making Turn taking	Respecting each other Compromise Negotiation	Disappointment and losing Empathy for others	Showing care for animals	Getting ready for change (N-R/R-Y1)
Relationships, Sex and Health Education		Relationships	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World
Cycle A	Key Stage 1 Years 1 and 2	Respecting Ourselves and Others and Safe Relationships	Physical and Mental Wellbeing	Belonging to a Community	Growing and Changing	Year 1- We Meet God's love in our Family Year 2 - We Meet God's love in the community	Money and Work
	Lower Key Stage 2 Year 3 & 4	Family Relationships	Physical and Mental Wellbeing	Belonging to a Community	Keeping Safe	Year 3 – How We Live in Love Year 4 - God Loves us in our Differences	Money and Work
	Upper Key Stage 2 Year 5 & 6	Families, Friendships and Safe Relationships	Physical Health and Mental Wellbeing	Media literacy and Digital resilience	Keeping Safe	Year 5 - God loves me in my changing body and development Year 6 - The Wonder of God's Love in Creating New Life	Money and Work



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Cycle B

		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
EYFS Personal, Social, Emotional Development		Making Friends Understanding routines	Decision making Turn taking	Respecting each other Compromise Negotiation	Disappointment and losing Empathy for others	Showing care for animals	Getting ready for change (N-R/R-Y1)
Relationships, Sex and Health Education		Relationships	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World
Cycle B	Key Stage 1 Years 1 and 2	Safe Relationships	Physical Health and Mental Wellbeing	Media Literacy and Digital Resilience	Keeping Safe	Year 1- We Meet God's love in our Family Year 2 - We Meet God's love in the community	Money and Work
	Lower Key Stage 2 Year 3 & 4	Safe Relationships	Physical Health and Mental Wellbeing	Media Literacy and Digital Resilience	Keeping Safe	Year 3 – How We Live in Love Year 4 - God Loves us in our Differences	Money and Work
	Upper Key Stage 2 Year 5 & 6	Respecting ourselves and others	Physical Health and Mental Wellbeing	Belonging to a Community	Keeping Safe	Year 5 - God loves me in my changing body and development Year 6 - The Wonder of God's Love in Creating New Life	Money and Work