



## Holy Family Halewood

Year 1/2 RSHE  
Theme: Health and Wellbeing  
Topic: Keeping Safe



### Learning Objectives

- How to recognise risk in everyday situations
- How to help keep safe in familiar and unfamiliar environments, such as in school and 'out and about'
- To identify potentially unsafe situations, who is responsible for keeping them safe in these situations, and steps they can take to avoid or remove themselves from danger
- How to help keep themselves safe at home in relation to electrical appliances, fire safety and medicines/household products
- About things that people can put into their body or onto their skin and how these can affect how people feel
- How to respond if there is an accident and someone is hurt
- About whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say



**Stay  
Safe at  
Home**

### Safety Rules for Medicines and Household Products

- ✓ Only use your own prescribed medicine, don't share with other people or use medicine that is for others.
- ✓ Any unused prescribed medicines should be taken to a pharmacy to be disposed of safely.
- ✓ Follow the advice in instructions for medicines including that about side effects.
- ✓ Wash grazes with water to make sure they're clean
- ✓ If any household products get on the skin, wash the area and let a trusted adult know if it's itchy or sore
- ✓ If any household products get in the eyes, ask a trusted adult for help to wash the product out
- ✓ Tell an adult about any spills from household products such as cleaning products to make sure it is cleaned up
- ✓ If a product has a hazard label on it, only adults should touch it.