

Holy Family Catholic Primary School

“Serving the Community”

Personal Development

‘I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL’

(John.10.10)

Background

PSHE became compulsory as a foundation subject from Summer 2021. Published in June 2019, the Department for Education stated:

From 2020, the following subjects will become compulsory in applicable schools in England:

- relationship education in primary schools
- relationship and sex education in secondary schools
- health education in state funded primary and secondary schools

These subjects will support all young people to be happy, healthy and safe, equipping them for life as an adult in British society.

Intent

At Holy Family Catholic Primary School, we want to give children a curriculum that promotes a passion and curiosity for learning where ‘Only the Best is Good Enough’. It is our vision that each child fulfils their potential, regardless of their background or circumstance, in a safe, stimulating and caring environment. We aim to develop a love of learning inspired by quality teaching, foster high aspirations and encourage positive self-esteem.

It is our intent to provide our pupils with a robust and creative Personal Development Education that is fit for purpose. The way we develop spiritually, morally, mentally and physically is at the core of who we are, therefore we feel it is crucial that we provide the best Personal Development Education. We consider it our duty to develop in our pupils a sense of self-worth, in which they **celebrate their individuality**, a **caring and compassionate attitude** towards others built on mutual respect and a **thankfulness of the world around them**.

We endeavour to offer a bespoke Personal Development curriculum that fits the needs of our pupils. It will incorporate and enhance all the content that is already going on in RE, PE, Science and Computing, ensuring that our offer is **broad and balanced**. Our Personal Development curriculum also makes a unique contribution to safeguarding, and helps to fulfil our statutory duty to teach pupils to keep themselves and those around them safe.

Our curriculum is built around the National Curriculum, however, this is enhanced and enriched to reflect the children and community in which we teach.

Implementation

In order to achieve our intentions, Holy Family Catholic Primary School will ensure there is:

- Progression from Foundation Stage through to Key Stage Two
- A regular timetabled slot of Personal Development taught by a teacher
- Opportunities to build independence, resilience and perseverance
- A development of age and stage appropriate knowledge and understanding
- ensure that teaching is of the highest quality
- Good communication between the school and parents; keeping them fully informed about the topics studied
- An opportunity for pupils to contribute to the curriculum content, through pupil voice

EYFS

Although, RSHE became a compulsory subject for those in Year 1 upwards, the start of the journey in personal development, for the pupil in our school begin on day one. The three areas in which

Personal Development is covered are:

- Understanding the World
- Communication and Language
- Personal, Social and Emotional Education
- Physical Development

The compulsory National Curriculum areas of study that are covered in our Personal Development Curriculum have been mapped out in these EYFS areas as the starting points.

Themes

There are three main themes which the children will study:

- Relationships
- Health and Wellbeing
- Living in the Wider World

Each theme is divided into areas of study which is designed to build on and strengthen their prior knowledge. These become more complex each year and children will gain a deeper understanding as they progress through the curriculum.

Areas of Study

All children from Key Stage One to Upper Key Stage Two will cover a range of areas, as stated by the Department for Education:

Department for Education Statutory Areas of Study:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe
- Mental wellbeing
- Internet Safety and harms
- Physical health and fitness
- Healthy Eating
- Drugs, alcohol and tobacco
- Health and Prevention
- Basic First Aid
- Changing adolescent bodies

Sex Education

Sex education at Primary level is not compulsory. However, it is included in the RSE Journey in Love scheme which has been incorporated into our bespoke curriculum. Parents have the right to withdraw their child from these lessons. However, this will only be a last resort as the school encourages participation and will work with parents to support decision making.

Organisation

As we are a one and half form entry school, we have mixed aged classes. Therefore, all our subjects run on a two year cycle to ensure all children receive the same broad and balanced curriculum that ensures they develop into well rounded individuals. It also ensures there is no repetition or omission of content. Our Personal Development curriculum follows this cycle, with one exception. In the second 'Relationships' topic, the RSE Journey in Love requires that children be taught in age groups due to the sensitive content and therefore our children will be taught in this way, rather than in mixed age classes.

Long Term Plan

Children will cover each theme, each term, in the order as shown below:

Cycle A

Relationships, Sex and Health Education		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
		Relationships	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World
Cycle A	Key Stage 1 Years 1 and 2	Respecting Ourselves and Others and Safe Relationships	Physical and Mental Wellbeing	Belonging to a Community	Growing and Changing	Year 1 - We Meet God's love in our Family Year 2 - We Meet God's love in the community	Money and Work
	Lower Key Stage 2 Year 3 & 4	Family Relationships	Physical and Mental Wellbeing	Belonging to a Community	Keeping Safe	Year 3 – How We Live in Love Year 4 - God Loves us in our Differences	Money and Work
	Upper Key Stage 2 Year 5 & 6	Families, Friendships and Safe Relationships	Physical Health and Mental Wellbeing	Media literacy and Digital resilience	Keeping Safe	Year 5 - God loves me in my changing body and development Year 6 - The Wonder of God's Love in Creating New Life	Money and Work

Cycle B

Relationships, Sex and Health Education		Term 1a	Term 1b	Term 2a	Term 2b	Term 3a	Term 3b
		Relationships	Health and Wellbeing	Living in the Wider World	Health and Wellbeing	Relationships	Living in the Wider World
Cycle B	Key Stage 1 Years 1 and 2	Safe Relationships	Physical and Mental Wellbeing	Media literacy and Digital resilience	Keeping Safe	Year 1 - We Meet God's love in our Family Year 2 - We Meet God's love in the community	Money and Work
	Lower Key Stage 2 Year 3 & 4	Families and Friendships	Physical and Mental Wellbeing	Safe Relationships	Keeping Safe	Year 3 – How We Live in Love Year 4 - God Loves us in our Differences	Money and Work
	Upper Key Stage 2 Year 5 & 6	Respecting ourselves and others	Physical Health and Mental Wellbeing	Belonging to a Community	Keeping Safe	Year 5 - God loves me in my changing body and development Year 6 - The Wonder of God's Love in Creating New Life	Money and Work

Alongside this, children will have also engage with lessons that are linked to events throughout the year. These include events such as Anti-Bullying Week and World Mental Health Day, and enhance the curriculum for our children.

Intended Impact

The Personal Development curriculum, at Holy Family Catholic Primary School, is rigorously planned, creative and challenging, so that the needs of all pupils are met. With this high quality teaching, planning and built in progression, the impact of our curriculum is measured through a variety of ways:

- Book-looks – individual books
- Pupil interviews
- Observations

The intended impact for our children is the hope that they leave our school as well rounded individuals who understand their responsibility and role in the world. They have learned how to be empathic and have the skills and knowledge to seek help and support should they need it. We want our children to be confident and secure individuals who celebrate their uniqueness and the uniqueness of others.

*With Christ at the centre, we live love and learn together, reaching out to all
Together, with Jesus, we can do it*