



Holy Family Halewood

Year 3/4 RSHE
Theme: Relationships
Topic: Safe Relationships



Learning Objectives

- To differentiate between playful teasing, hurtful behaviour and bullying, including online
- How to respond if they witness or experience hurtful behaviour or bullying, including online
- To recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable
- How to manage pressures associated with dares
- To know when it is right to keep or break a confidence or share a secret
- To know how to recognise risks online such as harmful content or contact
- How people may behave differently online including pretending to be someone they are not
- How to report concerns and seek help if worried or uncomfortable about someone's behaviour, including online
- To understand about the effects and consequences of bullying for the people involved



Key Questions to Consider

- What would you do if you were dared to do something that made you uncomfortable?
- Who can you talk to if you are worried?
- How could you help someone else if they were worried?
- Is it always right to keep a secret? When should you tell?
- What are the outcomes if you tease someone or are being teased by someone?