



# Holy Family Halewood Foundation Stage Physical Development Reception



## Themes covered during the term:

- Risk taking with equipment outdoors
- Sports Day training and skill development
- PE:
  - Fun and games
  - Throwing and catching (inc Sport's Day)
  - Personal Hygiene and dressing

## Learning Statements: Taken from DfE Development Matters 2021

### EYFS Statutory Educational Programme:

*'Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness'.*

**Children at the expected level of development will:**

### Gross Motor Skills

- Negotiate space and obstacles safely, with consideration for themselves and others;
- Demonstrate strength, balance and coordination when playing;
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

### Fine Motor Skills

- Hold a pencil effectively in preparation for fluent writing – using the tripod grip in almost all cases;
- Use a range of small tools, including scissors, paint brushes and cutlery; - Begin to show accuracy and care when drawing.

## Core Vocabulary

- Space
- Look
- Move
- Around
- Bounce
- Balance
- run
- behind
- Warm up
- Cool down

## Learning Opportunities

- **Continuous:**
- Using outdoor provision space to encourage physical development skills on a daily basis, using variety of equipment and resources, including large static play equipment and physical development provision.
- Physical games and races encouraging collaboration, competition and key skill development
- Weekly PE lessons:
  - Exploring how their body changes when they exercise
  - Using equipment appropriately and correctly.
  - Moving their bodies appropriately.

## Children's Interests:

Examples of children's interest to support these objectives and themes could include:

- Races
- Superheroes
- Hula-hoops

## Continuous Provision:

Equipment and resources continuously available to support Physical development:

- Large static outdoor play equipment
- Bikes
- Physical development equipment - various

