



Holy Family Halewood Foundation Stage Physical Development Reception



Themes covered during the term:

- Spatial awareness
- Positional language
- Travel with confidence under, over and around
- PE:
 - Working with others
 - Dance
- Personal Hygiene and dressing

Learning Statements: Taken from DfE Development Matters 2021

EYFS Statutory Educational Programme:

'Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness'.

3 and 4-year-olds will be learning to:

- Use a comfortable grip with good control when holding pens and pencils
- Continue to develop their movement, balancing, riding (scooters, trikes and bikes) and ball skills.
- Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips

Children in Reception will be learning to:

- Revise and refine the fundamental movement skills they have already acquired
- Further develop the skills they need to manage the school day successfully - lining up and queuing /mealtimes
- Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.
- Develop the overall body strength, co-ordination, balance and agility
- Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons
- Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.

Core Vocabulary

- Space
- Look
- Move
- Around
- Under
- Inside
- Next to
- behind
- Warm up
- Cool down

Learning Opportunities

- Continuous:
- Using outdoor provision space to encourage physical development skills on a daily basis, using variety of equipment and resources, including large static play equipment and smaller provision.
- Physical games encouraging collaboration and competition and spatial awareness.
- Weekly PE lessons:
 - Exploring how their body changes when they exercise
 - Using apparatus / equipment appropriately and correctly.
 - Moving their bodies in response to music (*EAD links*)

Children's Interests:

Examples of children's interest to support these objectives and themes could include:

- Football
- Duck-duck goose
- Fairies
- Hula-hoops

Continuous Provision:

Equipment and resources continuously available to support Physical development:

- Large outdoor play equipment
- Bikes
- Large outdoor construction

