



# Holy Family Halewood Foundation Stage Physical Development Reception



## Themes covered during the term:

- Playdough: Pinching, pushing, squeezing & cutting
- Funky Fingers: developing finger dexterity and pre-writing skills
- PE:
  - Me and Myself
  - Movement and Development
- Personal Hygiene and dressing

## Learning Statements: Taken from DfE Development Matters 2021

### **EYFS Statutory Educational Programme:**

*'Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness'.*

### **3 and 4-year-olds will be learning to:**

- Use a comfortable grip with good control when holding pens and pencils
- Show a preference for a dominant hand
- Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips

### **Children in Reception will be learning to:**

- Revise and refine the fundamental movement skills they have already acquired
- Further develop the skills they need to manage the school day successfully - lining up and queuing /mealtimes
- Use their core muscle strength to achieve a good posture when sitting at a table or sitting on the floor.
- Develop the overall body strength, co-ordination, balance and agility
- Develop their small motor skills so that they can use a range of tools competently, safely and confidently. Suggested tools: pencils for drawing and writing, paintbrushes, scissors, knives, forks and spoons

## Core Vocabulary

- Pinch
- Push
- Squeeze
- Cut
- Thread
- Pull
- Warm up
- Cool down

## Learning Opportunities

- 'Dough Disco'
- Playdough mats / challenge cards
- Making playdough models
- 'Making cakes' & 'cookies'
- Threading challenges
- Model making using small construction
- Using large tweezers to pick up/select objects
- Weekly PE lessons:
  - Exploring how their body changes when they exercise
  - Moving their bodies expressively to represent different animals / different seasons



## Children's Interests:

Examples of children's interest to support these objectives and themes could include:

- Superheroes
- Cooking – baking cakes
- Mini-beasts

## Continuous Provision:

Equipment and resources continuously available to support Physical development:

- Large outdoor play equipment
- Bikes
- Large outdoor construction

Yearly events during the term that support themes:

- Halloween
- Bonfire Night
- Autumn
- Christmas