



Holy Family Halewood Foundation Stage Physical Development Nursery



Themes covered during the term:

- Risk taking with equipment outdoors
- Sports Day training and skill development
- Personal Hygiene and dressing

Learning Statements: Taken from DfE Development Matters 2021

EYFS Statutory Educational Programme:

'Gross and fine motor experiences develop incrementally throughout early childhood, starting with sensory explorations and the development of a child's strength, co-ordination and positional awareness'.

3 and 4-year-olds will be learning to:

- Collaborate with others to manage large items, such as moving a long plank safely, carrying large hollow blocks.
- Continue to develop their movement, balancing, riding (scooters, trikes and bikes) and ball skills.
- Skip, hop, stand on one leg and hold a pose for a game like musical statues.
- Start taking part in some group activities which they make up for themselves, or in teams.
- Be increasingly independent as they get dressed and undressed, for example, putting coats on and doing up zips.

Children in Reception will be learning to:

- Confidently and safely use a range of large and small apparatus indoors and outside, alone and in a group.

Children's Interests:

Examples of children's interest to support these objectives and themes could include:

- Races
- Hula-hoops
- Skipping

Learning Opportunities

- **Continuous:**
- Using outdoor provision space to encourage physical development skills on a daily basis, using variety of equipment and resources, including large static play equipment and physical development provision.
- Physical games and races encouraging collaboration, competition and key skill development

Core Vocabulary

- Space
- Look
- Around
- Bounce
- Balance
- run
- Race
- Sports Day

Continuous Provision:

Equipment and resources continuously available to support Physical development:

- Large static outdoor play equipment
- Bikes
- Physical development equipment - various

